## Recommendations to the Citizens Revenue Review & Economic Competitiveness Commission

Helping Healthcare Providers remain Competitive and better serve the San Diego Community
July 29, 2010

## Healthcare Interests Representing:

Council of Community Clinics
Hospital Association of San Diego & Imperial Counties
Kaiser Permanente
Rady Children's Hospital – San Diego
San Diego County Medical Society
Scripps Health
Sharp HealthCare
UC San Diego Health System

### Overview

- Overview of San Diego Healthcare Industry
- Strategies and Needs
- Requests of the Commission

## Physicians in the Region

#### Physician Population

- 7000+ active practicing Physicians in SD
- 1200 Resident Physicians (post Medical School, 3-7 years)
- 500 @ UCSD Medical School

#### Distribution of active Physicians

- 1/3 each small/solo, medium sized groups, and large groups
- Solo/small groups challenged, medium and large groups doing well
- ½ women, ¾ men
- 1/3 primary care, 2/3 specialists

#### Asymmetric distribution by

- Geography
- Mode of practice
- Primary versus specialty
- At least 1500 small businesses & 300 medium sized businesses

## Hospitals in the Region

#### **National**

- □ In 2008 healthcare spending represented 16.2% of Gross Regional Product (GDP) GDP, or \$2.3 trillion, in the U.S. Spending is forecasted to increase
- Hospitals' total economic impact was \$718 billion

#### San Diego Region

- Currently, there are 33 hospitals
- Scripps Health, Sharp HealthCare, and Kaiser Permanente represent 3 of the 4 top non-governmental employers in the Region employing 40,000 employees and 7,300 medical staff and physicians approximately
- ☐ There are over 7,000 licensed beds, 18 Emergency Rooms, and 6 Trauma Centers. Total operating expenses topping \$5 billion

## Hospitals located within San Diego County \*hospitals with Emergency Rooms

#### **General Acute Care Hospitals**

- \* Alvarado Hospital
- \* Fallbrook Hospital
- \* Kaiser Permanente San Diego
- \* Kindred Hospital San Diego
- \* Palomar Medical Center
- \* Paradise Valley Hospital
- \* Pomerado Hospital
  Promise Hospital of San Diego
- \* Rady Children's Hospital San Diego Scripps Green Hospital
- \* Scripps Memorial Hospital Encinitas
- \* Scripps Memorial Hospital La Jolla
- \* Scripps Mercy Hospital
- \* Scripps Mercy Hospital Chula Vista

- \* Sharp Chula Vista Medical Center
- \* Sharp Coronado Hospital and Healthcare Center
- \* Sharp Grossmont Hospital
  - Sharp Mary Birch Hospital for Women & Newborns
  - **Sharp Memorial Hospital**
- \* Tri-City Medical Center
- \* UC San Diego Medical Center
- \* UC San Diego Thornton Hospital

VA San Diego Healthcare System

Vibra Hospital of San Diego

#### Naval Hospitals - General Acute Care

Naval Hospital Camp Pendleton

\* Naval Medical Center San Diego

## **Hospitals located within San Diego County**\*hospitals with Emergency Rooms (Cont'd)

#### **Acute Psychiatric Hospitals**

Alvarado Parkway Institute/Behavioral Health System

Aurora Behavioral Healthcare/San Diego

San Diego County Psychiatric Hospital

Sharp Mesa Vista Hospital

#### **Chemical Dependency Hospital**

Sharp Vista Pacifica Hospital

#### **Skilled Nursing Facility**

**Edgemoor Hospital** 

#### **Specialty Hospital**

San Diego Hospice and The Institute for Palliative Medicine

## Hospitals in the Region

As mandated by state law, non-profit hospitals must demonstrate community benefit

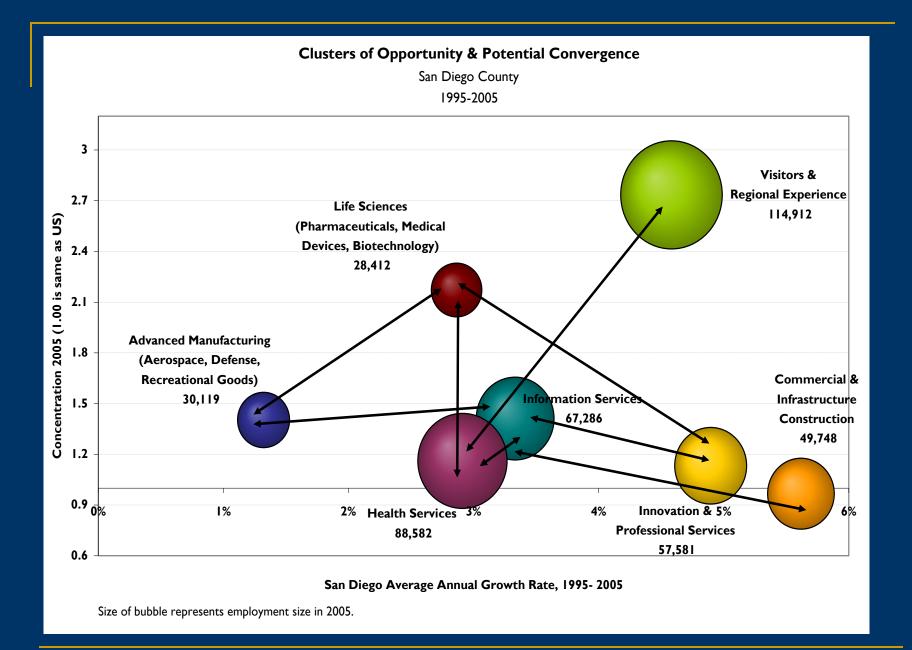
- Kaiser Permanente San Diego, Scripps Health, Sharp
   HealthCare, and Rady Children's Hospital San Diego) provided
   \$783,610,197 in community benefits in 2009
- In 2008, treated 759,085 people in their emergency departments
- Provided care for 3 million outpatients
- Performed 189,927 surgical operations
- Performed 43,872 baby deliveries

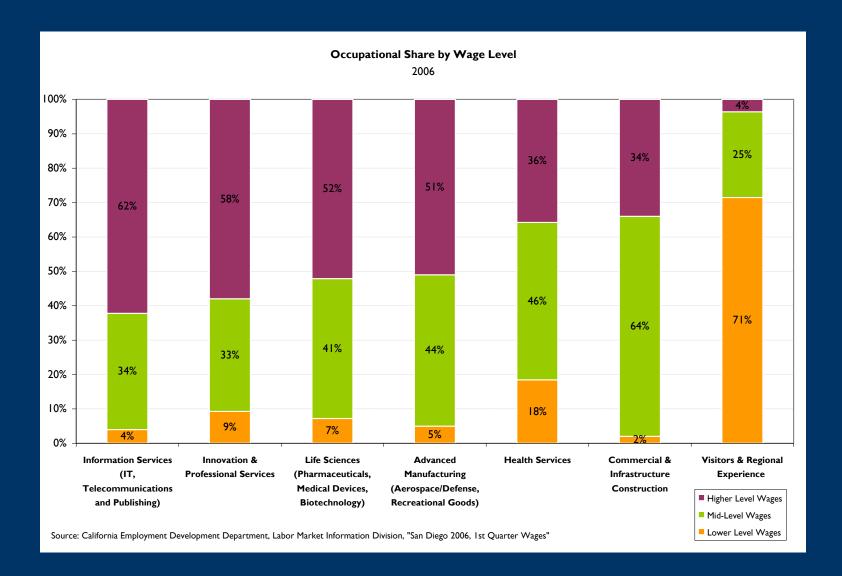
## Clinics in the Region

- Council of Community Clinics (CCC) represent 16 member community clinic and health center organizations operating nearly 100 sites in San Diego, Imperial, and Riverside Counties
- Specializes in providing health care services to diverse communities with an emphasis on low-income and uninsured populations
- Serves 550,000 individuals on an annual basis
- Provides over 1.6 million medical encounters a year

#### The Clinics overall (CCC & Family Health Centers)

- Employ 5,200 people
- **\$350,640,317** in revenue
- \$332,602,197 in expenses
- \$219,659,885 paid in wages





## Challenges facing the Healthcare Community

- Unfunded mandates (seismic retrofitting)
- Under-reimbursement by the county, state and federal governments to physicians, hospitals, and clinics
- Year over year state budget cuts
- Growing demand of insured/uninsured care
- Workforce issues
- Implementation of federal health reform

## Challenges facing Physicians

- Hard to recruit doctors to SD
- Under-reimbursed <u>relative</u> to California and rest of US
  - by Government
  - by Health Plans (read Business)
- "Powerless" with respect to health plans and government, but, ....they can move/quit/dial back
- Supply & demand pendulum
  - Flat or lowering Physician supply
  - Increasing population (age & number) and increasing demand (health care reform)
- Upside down business model

# To illustrate the challenges to the health community and the public



# Long term strategy: Industry Clusters

#### Goals:

- Retain existing companies and their growth
- Maintain or expand the region's health safety net
- Nurture new companies in highest wage industries
  - Attract companies within targeted technology sectors with capacity to invest in the San Diego market
  - Generate new technologies by merging expertise of existing clusters
    - CleanTech
    - Maritime
    - Security
    - "Smart" Healthcare

## General Policy Recommendations

- Regions matter
- Systemic reform preferable to incentives
- California's problems reflect on San Diego
  - CEQA time frames
  - State budget instability
  - Legal environment

### Policy Recommendations

- Permitting restrictions and development fees are imposed by a City seemingly oblivious to the public service role hospitals play
- In recognition of the hospitals' responsibility to provide critical healthcare infrastructure, we recommend that the City:
  - Streamline the permit process for essential health care public services
  - Exempt essential health care public services from development fees and from other off-site transportation improvements
  - Exempt investments in medical equipment from sales tax

## Policy Recommendations (cont'd)

The city should adopt goals, policies and specific code sections that protect and promote existing and future hospital and key medical facilities. The City's general plan, community plans and other codes and ordinances should be tools that protect and promote hospital and other health care facility uses. They should be treasured and protected, much like commercial-industrial land is, and any conflicting use surrounding these properties should either be prohibited, or in the City's goals and policies, it should be noted that they do not have a fair right to protest or oppose hospital or medical facility uses to the maximum extent possible

## Policy Recommendations (cont'd)

Impact or development fees should be waived or minimized for hospital and key medical facility projects. Infrastructure costs place a huge financial burden on hospitals and potentially delay improvement and expansion projects because hospitals, as nonprofits, can't and don't raise capital as for-profit corporations can and do for their facilities. If the city wants an adequate health care infrastructure, which is a key "must have" for quality of life and competitiveness, you must work to balance the 'community" desire for paying your fair share with the need to foster, promote and expand health care services for our growing and aging population

## Policy Recommendations (cont'd)

- Consider utilizing a portion of the Community Development Block Grants (CDBG) funds received annually for use in renovation, expansion and construction of community clinics
- Water conservation mandates or reductions should be waived for a hospital's internal water use, or water conservation rules should be tailored specifically to address hospitals and what they can and more importantly cannot do. It is more than just a "process water" issue for hospitals. It is a health and safety matter, and they should be exempt from internal, indoor conservation requirements. Even retrofitting of toilets is problematic, just as one example, because hospitals must have specific toilets to meet the needs of all potential patients. So, it is not like going to the Home Depot and picking up the latest low-flow model